



GOSFORD HILL
SCHOOL

Flash cards



Why Use Flashcards?

- Small, memorable chunks
- Improve active recall
- Encourage spaced repetition
- Great for learning definitions, formulas, key facts, and quotes

The Right Way vs. The Wrong Way

- **Wrong Way:** Reading both sides, not testing yourself
- **Right Way:** Cover the answer, try to recall, check if correct
- Use them actively, not passively

Spaced Repetition – The Secret to Remembering More

- Review at increasing intervals (1 day, 3 days, 7 days...)
- Focus on weaker areas more often
- Apps like Quizlet automate this process

How to Make Good Flashcards

Front: A question, keyword, or key concept

Back: Concise answer, explanation, or mnemonic



Use images, colour coding, and simple language



Avoid writing too much information

Active Recall – The Game Changer

- Actively try to recall before flipping the card
- Say the answer out loud or write it down
- The harder it feels, the better you're learning!

Digital vs. Paper Flashcards – Which is Best?

- **Paper Flashcards:** More engaging, no screen time
- **Digital Flashcards (e.g. Quizlet):** Spaced repetition, easier to carry
- **Best Approach:** A mix of both!

Making Flashcards Fun & Engaging

- Turn it into a game (e.g., challenge friends, time yourself)
- Use voice recordings, sketches, or even acronyms
- Reward yourself when you master a difficult card

Final Tips for Success

- Start early—don't cram
- Stick to short, focused sessions
- Track your progress and celebrate small wins!